

MAKING A SMALL NOTEBOOK OR SKETCHBOOK

Put waste paper inside the last two pages of the block and then put paste on the front of the block. Throw away the waste paper. Wait about half a minute then fold the cover down onto the book block and give it a good rub. Do the other side.

Put a sheet of clean waste at each end between cover and first and last pages and leave under a weight for a day so everything settles down nicely.

If you like, make a label with your name and other details you want and use PVA to attach it. Rub down under wax paper and wipe excess glue off the edges of the label.

Fold up and throw away the newspaper and on a fresh piece spread out the cover from the inside. Trim the corners at 45 degrees leaving about 2 mm between card and edge. Glue along the top edge and fold over the decorated paper. Push the corners in a bit with your thumbnail. Glue and fold the bottom edge. Now do the short edges. Rub down with the folder under wax paper.

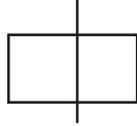


Cut two slits for the elastic, 2 cm from each corner on the back, thread through and glue about 1 cm at each end. Leave to dry under a weight. Put glue on the book block spine and place in the cover. Rub from the outside.

COVER



Squash the signatures together and measure the thickness of all the folds. This is the thickness of the spine. Add 2mm.

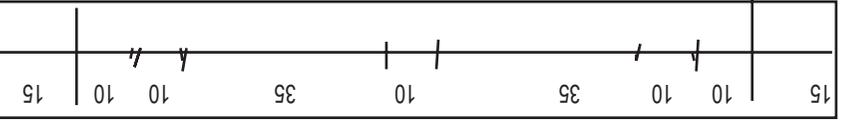


Mark half this width on either side of the centre of the cover and score two lines with a blunt point eg empty ballpoint pen or end of scissors. Fold down and test on the book block for fit, trim to size.

Spread newspaper on your work area and coat the outside with PVA using a big brush or a foam roller. Rinse the brush when done. Place paper on the inside of the cover and rub down.

MATERIALS

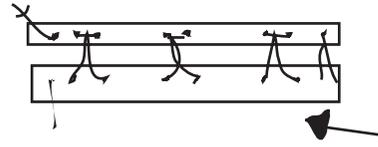
- * 5 sheets of A4 paper cut in half for the pages. Use craft knife and metal ruler on cutting board.
- * Sheet of manila or bristol board for the cover. 15cm high X 25cm wide.
- * Cover paper eg paste paper 1.5 cm wider all round than cover. eg 18cm high X 28 cm wide. Match the grain of these papers if possible to prevent distortion.
- * PVA glue and brush. Water pot to rinse brush after use. Paste.
- * Tapestry needle, strong thread eg crochet, beeswax to make thread sew easily.



Go in 1st hole, out second. Put needle under thread loop in signature below, back into hole 3, out 4, pick up 5, out 6. Tighten. Make a chain stitch and then sew on the next signature. Tie off at the end of the last signature.



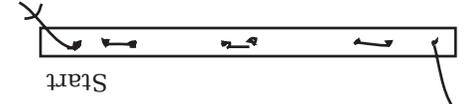
Third signature



paper will tear. Tie off.

SEWING THE TEXT BLOCK

The measurements are in mm. Pierce jig. Put the jig in the centre of each signature and pierce the sewing holes. Watch your fingers!



First signature

Sew back to the start but as you go push the needle under the loops of thread on the first signature. Pull the threads horizontally to tighten or the

Second Signature

- * ribbon for marker if needed.
- * 24 cm black elastic for closing.

SUNDRIES

Wax paper or cut up plastic bags; newspaper to protect work area; craft knife; metal ruler; cutting mat; awl or plastic headed drawing pin to punch holes; scissors; folder eg plastic knife handle; press or wrapped bricks for weights.

BOOK BLOCK

Divide the pages into five sets of six sheets and fold them in half to make signatures. Rub each with the folder to sharpen the creases. Stack together.

SEWING HOLE JIG

Use a strong piece of paper the height of the book. Fold longways. mark 15 mm from each end.